



**FREE**

# **PARKINSON'S EXERCISE CLASS**

**TUESDAYS @ 11:30-12:30PM**

**RIDEAU COMMUNITY HEALTH  
2 GOULD STREET  
SMITHS FALLS, ON**

**ENROLL NOW!**

**FOR MORE INFORMATION,  
CONTACT KIM AT:**

**613-342-3693 EXT. 2303  
OR TOLL-FREE AT  
1-800-465-7646 EXT. 2303**



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