

# SOCIAL KITCHEN

## COMMUNITY PROGRAM

Join us for a fun afternoon in our community kitchen! We'll be showcasing easy budget-friendly meals that you can try. Whether you want to join in on the cooking or simply relax with a cup of coffee or tea, we'd love to have you there!



### WHERE

Merrickville Site  
354 Read Street

### DATES

March 4th, 2025  
March 11th, 2025  
March 25, 2025  
April 1st, 2025

### TIME

11:00AM-1:00PM

For more information, contact  
613-269-3400



Rideau Community  
Health Services