

# COPING WITH LOSS

## GRIEF SUPPORT GROUP

Join us to learn about the impact of grief, and meet with others for connection and support.



**Dates:** Starting October 5, 2023

**Time:** 1:30 - 3:30, 6 consecutive Thursdays

**Location:** Merrickville

**Call 613-269-3400 x286 for registration information.**

For registration and information, contact 613-269-3400 x286



Rideau Community  
Health Services

Your Community Health Centre

RCCHS funding is provided by Ontario Health - East Region, the Ontario Ministry of Children, Community and Social Services and by the communities and people we serve.