

COPING WITH LOSS

GRIEF SUPPORT GROUP

Join us to learn about the impact of grief, and meet with others for connection and support.



Dates: Starting January 12, 2023
Time: 10:00-11:30
Location: RCHS—Merrickville site

For more information, contact 613-269-3400 ext 286



Rideau Community
Health Services

Your Community Health Centre

RCHS funding is provided by Ontario Health - East Region, the Ontario Ministry of Children, Community and Social Services and by the communities and people we serve.