

DIABETES STARTER GROUP

A basic diabetes education class, facilitated by both a registered nurse and registered dietitian. Designed to provide information on basic diabetes topics, as well as encourage questions and answers from participants. For newly diagnosed diabetes or a diabetes education refresher for people with longstanding diabetes.



LOCATION

Smiths Falls
Brockville
Smiths Falls
Brockville

DATE

October 17, 2024
October 22, 2024
November 18, 2024
November 28, 2024

TIME

1:30 - 3:30 pm
9:30 - 11:30 am
1:30 - 3:30 pm
9:30 - 11:30 am

**REGISTER
NOW!**

CALL 613-284-2558



Rideau Community
Health Services