

DIABETES STARTER GROUP

A basic diabetes education class, facilitated by both a registered nurse and registered dietitian. Designed to provide information on basic diabetes topics, as well as encourage questions and answers from participants. For newly diagnosed diabetes or a diabetes education refresher for people with longstanding diabetes.



LOCATION

DATE

TIME

Brockville

January 17, 2025

1:30 - 3:30 pm

Smiths Falls

January 20, 2025

1:30 - 3:30 pm

Smiths Falls

February 12, 2025

9:30 - 11:30 am

Brockville

February 20, 2025

1:30 - 3:30 pm

Brockville

March 18, 2025

1:30 - 3:30 pm

**REGISTER
NOW!**

CALL 613-284-2558



Rideau Community
Health Services