

DIABETES EDUCATION PROGRAM

DIABETES STARTER GROUP

A basic diabetes education class, facilitated by both a registered nurse and registered dietitian. Designed to provide information on basic diabetes topics, as well as encourage questions and answers from participants.

For newly diagnosed diabetes or a diabetes education refresher for people with longstanding diabetes.



LOCATION

Smiths Falls
Smiths Falls
Brockville
Smiths Falls
Brockville

DATE

March 25, 2025
April 30, 2025
May 2, 2025
June 10, 2025
June 13, 2025

TIME

1:30 – 3:30 pm
1:30 – 3:30 pm
9:30 – 11:30 am
1:30 – 3:30 pm
1:30 – 3:30 pm

**REGISTER
NOW!**

CALL 613-284-2558



Rideau Community
Health Services